

33rd INTERNAL MEDICINE
CONFERENCE ON
GASTROINTESTINAL
& LIVER DISEASES



26-28 November 2026 | SOFITEL AL KHOBAR THE
CORNICHE HOTEL

Day 1 – Scientific Program

TIME	TOPIC
07:30 – 08:00	Registration
08:00 – 08:15	Opening Remarks
08:15 – 08:35	MASLD in daily practice: stepwise approach (FIB-4 → elastography → referral)
08:35 – 08:55	What is new in MASH q? Selecting the right patient
08:55 – 09:15	Portal hypertension after Baveno VIII
09:15 – 09:35	Acute-on-chronic liver failure: early recognition & management
09:35 – 09:45	Panel Discussion
09:45 – 10:30	Live Transmission 1
10:30 – 10:45	Coffee Break
10:45 – 11:05	Management of distal CBD stricture
11:05 – 11:25	Management of chronic pancreatitis
11:25 – 11:45	First attack of acute pancreatitis (idiopathic approach)
11:45 – 12:05	Overview of pancreatic NET management
12:05 – 12:15	Panel Discussion
12:15 – 13:00	Lunch
13:00 – 13:20	POEM beyond achalasia
13:20 – 13:40	Indications & outcomes of G-POEM
13:40 – 14:00	KFHU experience in third space endoscopy
14:00 – 14:20	Management of luminal subepithelial lesions
14:20 – 14:30	Panel Discussion
14:30 – 15:15	Live Transmission 2
15:15 – 15:30	Coffee Break
15:30 – 15:50	Endoscopic management of post-bariatric complications
15:50 – 16:10	Endoscopic treatment for weight regain
16:10 – 16:30	Overview of endoscopic bariatric procedures
16:30 – 16:50	It is time to look for fatty pancreas
16:50 – 17:00	Panel Discussion



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Day 2 – Scientific Program

TIME	TOPIC
08:30 – 08:50	Selecting first-line therapy in IBD
08:50 – 09:10	Combination advanced therapy in IBD
09:10 – 09:30	Approach to refractory proctitis
09:30 – 09:50	Crohn’s perianal disease (medical & surgical)
09:50 – 10:00	Panel Discussion
10:00 – 10:10	Coffee Break (10 min)
10:10 – 10:30	Eosinophilic esophagitis (EOE)
10:30 – 10:50	Approach to gastroparesis
10:50 – 11:35	Live Transmission 3
11:35 – 11:40	Panel Discussion
11:40 – 13:00	Lunch & Prayer
13:00 – 13:20	Role of EndoFLIP in borderline achalasia
13:20 – 13:40	Post-POEM dysphagia management
13:40 – 14:00	Anorectal motility disorders overview
14:00 – 14:20	IBS: new advances
14:20 – 14:30	Panel Discussion
14:30 – 15:15	Live Transmission 4
15:15 – 15:25	Coffee Break (10 min)
15:25 – 15:45	Surveillance of atrophic gastritis & intestinal metaplasia
15:45 – 16:05	Endoscopic G-J in benign disease
16:05 – 16:25	EMR vs ESD for colonic polyp resection
16:25 – 16:45	Endoscopic antireflux therapy overview
16:45 – 17:00	Panel Discussion



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Day 3 – Parallel Hands-on Workshops

TIME	TOPIC
08:00 – 09:00	Mini Lectures / Workshop Introduction
09:00 – 13:00	Parallel Hands-on Workshops

Workshop A – Endobariatric Workshop

TIME	MINI LECTURE
08:00 – 08:15	Global Burden of Obesity and Modern Management Strategies
08:15 – 08:30	Gastric Remodeling Modalities: ESG vs POSE – Mechanisms, Techniques & Outcomes
08:30 – 08:45	Gastric Mucosal Ablation (Moviva): The Emerging Metabolic Endoscopy Frontier
08:45 – 09:00	TORÉ: Revisional Endobariatrics for Post-Bariatric Weight Regai

Hands-on Workshop Stations:

- 1. ESG (Endoscopic Sleeve Gastroplasty) – Suturing Techniques
- 2. POSE 2.0 – Gastric Plication Techniques
- 3. Gastric Ablation (Moviva Catheter) – Technique & Application
- 4. TORÉ (Transoral Outlet Reduction) – GJ Reduction Techniques



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Workshop B – Endoscopy Nursing Workshop

TIME	MINI LECTURE
08:00 – 08:15	Patient Safety & Infection Control
08:15 – 08:30	Emergency Management
08:30 – 08:45	Advanced Procedures Nursing Role
08:45 – 09:00	Technology in Endoscopy

Workshop Stations:

- 5. The Future of Endoscopy: Third Space Endoscopic Procedures
- 6. Endoscope Reprocessing & Infection Control
- 7. Emergency Management in Endoscopy Unit

Workshop C – Luminal & Biliary Workshop

TIME	MINI LECTURE
08:00 – 08:15	Colon Polyp assessment
08:15 – 08:30	Colonic polyp EMR resection techniques
08:30 – 08:45	Management of post-EMR complication
08:45 – 09:00	Management of UGIB

Workshop Stations:

- | | | |
|---------------------|-------------|-------------|
| 8. Hemospray | 10. OTSC | 12. ERCP |
| 9. Luminal stenting | 11. Banding | 13. EMR/ESD |



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Program Structure Summary

COMPONENT	COUNT
Scientific Lecture Days	2
Workshop Day	1
Live Transmissions	4
Panel Discussions	7
Parallel Workshops	3
Hands-on Stations	13




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